



March Journaling Scripture

Spiritual Disciplines

Fasting

*Seek the Lord and his strength, seek his face continually.
1 Chronicles 16:11*

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| 1 Exodus 34:28 | 17 Mathew 4:1-2 |
| 2 2 Samuel 1:12 | 18 Matthew 6:16-18 |
| 3 1 Chronicles 16:11 | 19 Matthew 17:19-21 |
| 4 2 Chronicles 7:14 | 20 Mark 1:35 |
| 5 Ezra 8:23 | 21 Mark 9:29 |
| 6 Nehemiah 1:4-5 | 22 Luke 2:37 |
| 7 Esther 4:16 | 23 Luke 4:2-4 |
| 8 Psalm 34:8 | 24 Luke 18:1 |
| 9 Psalm 35:13 | 25 John 6:35 |
| 10 Psalm 63:1 | 26 Acts 10:30-31 |
| 11 Psalm 69:10 | 27 1 Corinthians 16:13-14 |
| 12 Isaiah 26:3 | 28 Ephesians 6:10 |
| 13 Isaiah 58:6 | 29 Philippians 4:6-7 |
| 14 Daniel 9:3-5 | 30 Colossians 4:2 |
| 15 Joel 2:12-13 | 31 James 4:10 |
| 16 Jonah 3:5 | |

God's Word can be understood and heard clearly when it is written out.
Grab your Bible, your journal, and some colorful pens, and let's Journal Scripture together.

You can read the monthly devotional at:
<https://charitymaeprosper.com/2025/03/02/spiritual-disciplines-fasting>